



# Hoofprint

Gaddesden Place RDA Newsletter

October 2010

[www.gaddesdenplacerda.org.uk](http://www.gaddesdenplacerda.org.uk)

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A lot has happened since the last edition of 'Hoofprint'. Perhaps of most significance is that our Chairman, Lizzie Roberts, resigned from her position at the end of August - and also relinquished her role as an Instructor. Lizzie had been a Trustee for ten years - and was our Chairman for the past eight. During that time, Lizzie worked tirelessly to ensure that Gaddesden Place RDA continued to fulfil the aspirations of Trina Hall, our founder. Lizzie's dedication, skill and enthusiasm will be greatly missed by riders, parents, voluntary helpers - and Trustees. We are all extremely grateful for her considerable contribution to our work over so many years - and we wish her well for the future.

The rest of this newsletter will bring you up to date with other news - as well as alerting you to what will be happening soon.

**Jackie Boulter (Vice Chair - Gaddesden Place RDA)**

## AGM

This year's Gaddesden Place RDA Annual General Meeting will be held at

**2-00pm on Sunday, 21st November, 2010**

at  
**'Hazel Ridge'**  
Shooters Way  
Berkhamstead  
HP4 3TU

The meeting, which is expected to last about an hour, is open to all, though only registered members are entitled to vote.

Do join us as we review our year's work.

## GADESSEN PLACE RDA FILM



We're going to be on film !

A six minute promotional film about Gaddesden Place RDA is currently in production. Outdoor shots were taken on 17<sup>th</sup> September – with a further day of shooting and interviews scheduled for mid-October.

The film is the idea of Gabi Evans (Stanley's owner) – who, with her brother, Andrew Evans , will produce, direct, film and edit it all.

(Andrew was Editor (offline) for the BAFTA nominated documentary 'Gypsy Child Thieves' – shown on BBC2 last year.)

We are extremely grateful to Gabi and Andrew for providing their expertise and services for free. It is anticipated that the film will be completed and ready for viewing early in the New Year.

## 'JUST GIVING'

You can now make donations to Gaddesden Place RDA online - through the **'Just Giving'** website.

Type 'JustGiving' into your search engine - and then use their search box to access 'Gaddesden Place RDA' or

Go to our own website at [gaddesdenplacerda.org.uk](http://gaddesdenplacerda.org.uk)

Look down the left hand side of the page and you will see a link to take you to our 'Just Giving' page.



## 'RURAL SPECIALS'

Hertfordshire Police are recruiting and training Special Constables specifically for rural area duties. Our facilities were used by the Police in September for the assessment of four new mounted 'Rural Specials'.

Watch out you country crooks - the 'Rural Specials' are coming !

## DATES FOR YOUR DIARY

**Sunday 21<sup>st</sup> November**  
**Gaddesden Place RDA**  
**Annual General Meeting**

**Sunday 28th November**  
**Riders' Christmas Party**  
**at Gaddesden Place RDA**

**Sunday 5th December**  
**3-30 - 5-30pm**  
**Berkhamsted Festival of Lights**  
**We have a stall at this event so help and support required.**

## From the Horse's Mouth 'Gemma' says .....

"I went lame in April (poorly fetlock) and the vet told me I needed lots of rest. Then I started gentle exercise over the Summer and now I'm better. I'm very happy to be giving rides again."



## RECENT AWARDS TO RIDERS

Earlier this year, the following riders from  
Glenwood School achieved their Grade 1  
'Riding and Horse Care' awards.

**George Melkis**  
**Ali Parchment**  
**Jordan Partridge-Cross**  
**Bradley Woodhead-Field**

**Rhiannon Grimes**  
**Luke Smith**  
**Olivia Quinn**

**Lloyd Owen received the 'Achievement Certificate  
for Excellent Progress'**

In April, four of our Saturday riders achieved their  
'Riding and Stable Mangement' awards.

**Grade 1    Max Nawas       Harriet Skedge**  
**:         Edward Cooke    Olivia Kent**

**Grade 2    Emily Coulter**  
**:**

In June, the following riders from Bramingham School  
achieved their Grade 1  
'Riding and Horse care' awards:

**Cameron Higgins**  
**Craig Burrows**  
**William Brenna**

**Gianluca Turner**  
**Safira Djerboua**



Pictured above are the Bramingham School riders  
with their certificates  
\* \* \* \* \*

**CONGRATULATIONS TO ALL THE RIDERS**

## RECENT AWARDS



Everyone at Gaddesden Place RDA is  
proud and delighted that our work has been  
recognised at two recent award ceremonies.

At the Dacorum Sports Award evening on  
July 23rd, Gaddesden Place RDA was placed 2nd  
in the 'Contribution to Disability Sports' section.  
We also WON the top award of the night - the  
'Audrey Bell Award for Special Achievement'  
At the Herts Sports Partnership ceremony on  
20th September Gaddesden Place RDA was  
placed 3rd in the 'Paul Pearce Award for  
Contributions to Disability Sport'.  
Julie Wilcox (our Saturday Instructor) was  
short listed in both the 'Best Female Coach'  
and 'Best Volunteer' categories.



### RECENT FUND RAISING EVENTS

**To meet the costs of running Gaddesden  
Place RDA we have to fund-raise throughout  
the year. These are the sums produced at  
recent events.**

<b>Wine Bluffs Evening</b>	<b>- £834</b>
<b>Waitrose 'Community Matters'</b>	<b>- £400</b>
<b>Collection at Sainsbury's (Hemel Hempstead)</b>	<b>- £406</b>
<b>Market Stall at Berkhamsted</b>	<b>- £158</b>
<b>October Quiz Evening</b>	<b>- £600</b>

**We are grateful to all those who helped in  
any way with these events.**

### 'HOOFPRINT' BY EMAIL

Some of you already receive your copy of  
'Hoofprint' by email. This helps to cut down  
on our printing costs.

If you are not already on our emailing list  
and would like to be - please fill in the  
simple form which is available in the indoor  
school at

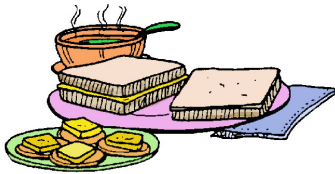
Gaddesden Place RDA.

If you can't see a form  
- please ask for one !

It will simply ask for your name - and clearly  
written email address.

We can then deliver your next copy of  
'Hoofprint' electronically.

## TASTY DONATIONS



'Classic Dressage International' at Whelpley Hall, Chesham, run Unaffiliated Dressage Competitions from April to September each year. Rosemary Hornig and Jann Long run the refreshment stand at these competitions and donate the profits to Gaddesden Place RDA.

(We hear that Rosemary's cakes are to die for!)

Several times a year we receive a cheque from them - the most recent being for £105 raised from selling teas, coffees, sandwiches and cakes to the competitors on a wet and blustery day.

We are most grateful to Rosemary and Jann for their continuing support. Cheers !

## VOLUNTARY HELPER TRAINING

While most training of the our voluntary helpers is 'on the job' training - we do run specific training sessions for them as well. Two such sessions took place in April - attended by 43 helpers.

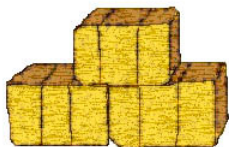
The training covered grooming and tacking-up of ponies, leading, side-walking, mounting etc.

All our Instructors and helpers (who are required to undergo a Criminal Bureau Records check) are dedicated to providing riders with an enjoyable and therapeutic experience and help them to achieve new goals.

## TRUSTEE CHANGES

As reported elsewhere , Lizzie Roberts has resigned as a Trustee. Candy Pitkin is also standing down for family reasons but will be continuing as a voluntary helper. Juliet Godfrey has recently taken on the role of Yard Manager and has therefore relinquished her Trusteeship in order to avoid any conflict of interest. We thank all the retiring Trustees for their invaluable services. Since the last edition of 'Hoofprint', Libet Wilkie has become a Trustee, and Cathy Bolshaw, who has been one of our Instructors for many years, is joining us from October.

## HAY - THAT'S EXPENSIVE !



Because of unfavourable weather conditions both last year and this - there is a shortage of hay throughout the country. The price has nearly trebled in the past year. As hay is a basic foodstuff for our ponies - we simply have to pay the going rate.

Naturally, we search around for the best price – but hay has become an expensive commodity. Your continued support with donations - or attendance at one of our fund-raising events is appreciated – and will help us to keep our ponies well fed despite the higher costs.

Or - if anyone knows a local source of good quality hay going cheap – or for free – do please let us know !

John North  
1932 – 2010



We report with sadness that John North died early in September. John had been a voluntary helper with Chiltern District RDA for some 14 years - and continued as a Tuesday helper at Gaddesden Place RDA when our two groups merged at the end of 2008.. His funeral was held at Tilsworth Church on 17<sup>th</sup> September – and the RDA poem 'I Saw A Child.....' was read in tribute to his outstanding commitment to Riding for the Disabled over so many years. The Trustees of Gaddesden Place RDA express their condolences to John's family.

## Lemon Meringue Ice Cream – From Candy

Line a 1lb loaf tin or a ring mould with Cling film

### Ingredients

50g (2oz) meringues (I get nests from Waitrose /Tesco)  
300ml (1/2 pint) double cream  
Grated zest and juice of 1 lemon  
Half a jar of homemade or luxury lemon curd Waitrose/Tesco)  
Seasonal fruits to serve

### Method:

Lightly break up meringue into chunky pieces. Whisk cream lightly until it leaves a trail. Add the lemon zest and juice and the lemon curd to the cream. Lastly fold in the meringue, trying not to over-crush the pieces.  
Spoon the lemon meringue mix into the prepared tin and cover with cling film, then freeze for at least 6 hours. Take out of freezer at least 10 minutes before serving and serve with the seasonal fruits.